

## How To Enter

Use the arts to share your personal *Reflections* on the 2019-2020 theme: **Look Within.**

Submissions are due to the NLMS OFFICE by January 10, 2020.  
For questions, contact Emily Stainbrook at emily.stainbrook@gmail.com or 425.218.0656.

**Dance Choreography:** Solo and ensemble works of all dance styles are accepted. Entrant must be the choreographer and may also be the performer, or one of the performers. If background music is used, cite it on the entry form. **Video** file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

**Film Production:** Accepted short film styles include: Animation, narrative, documentary, experimental or media presentation. Use of PowerPoint is prohibited. Entrant must be the screenwriter, cinematographer, editor and producer. If background music is used, cite it on the entry form. **Video** file must not exceed 5 min. and 1 GB in size. Accepted formats: AVI, FLV, WMV, MOV, MP4.

**Literature:** Accepted forms of fiction and nonfiction include: Prose, poetry, reflective essay, screen play and play script, narrative, and short story. Entrants may write in their primary language as long as an interpretive English translation is also attached. Use of copyrighted material is prohibited. **Writing** must not exceed 2,000 words and may be handwritten or typed. Accepted formats: Single-sided print on 8 ½x11" paper.

**Music Composition:** All music styles and combinations of instrumentation are accepted. Entrant must be the composer and may also be the performer, or one of the performers. Use of copyrighted material is prohibited. **Audio** file must not exceed 5 min. and 1 GB in size. Accepted formats: MP3, WMA, WAV, ACC, FLAC on a USB Flash Drive. **Notation** (score/tablatore) in PDF format is only required for middle and high school divisions.

**Photography:** Photo must be a single print image. Collages and collections of photos are not accepted. Entrant must be the photographer and may use a variety of digital editing techniques including but not limited to, multiple exposure, negative sandwich and photogram. Use of copyrighted material is prohibited. **Print** image dimensions must be no smaller than 3x5 inches and no larger than 8x10 inches. Accepted print formats: Mounted on mat or poster board no larger than 11x14 inches. Framed prints are not accepted.

**Visual Arts:** Works of both fine and design arts are accepted, including but not limited to: architectural drawing and models, ceramics, collage, computer generated images and graphics, crafts, drawing, fashion clothes and jewelry, fiber work, mixed media, painting, printmaking and sculpture. Use of copyrighted material is prohibited. **2D** artworks must be mounted on sturdy material and no larger than 24x30 inches with matting. Framed entries and stretched canvas are not accepted. **3D** artwork submissions must be submitted via **three (3)** images of the artwork at different angles, mounted on sturdy material no larger than 24x30 inches with matting. Image(s) are used for artwork identification, judging and exhibition purposes. Do not submit actual 3D artwork unless local PTA/Council asks for submission.

**Special Artist:** Students who identify as having a disability and may receive services under IDEA or ADA: Section 504 may enter in the Special Artist Division or grade division most closely aligned to their functional abilities. See Official Rules for details.

To download a copy of this entry packet, go to [www.wastatepta.org/programs/reflections](http://www.wastatepta.org/programs/reflections).

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